

SONGS FOR SUMMER

THE BOOK OF PSALMS

Psalm 59 (ESV)

To the choirmaster: according to Do Not Destroy. A Miktam of David, when Saul sent men to watch his house in order to kill him.

Deliver me from my enemies, O my God; protect me from those who rise up against me;

² deliver me from those who work evil, and save me from bloodthirsty men.

³ For behold, they lie in wait for my life; fierce men stir up strife against me.

For no transgression or sin of mine, O LORD,

⁴ for no fault of mine, they run and make ready. Awake, come to meet me, and see!

⁵ You, LORD God of hosts, are God of Israel. Rouse yourself to punish all the nations; spare none of those who treacherously plot evil. Selah

⁶ Each evening they come back, howling like dogs and prowling about the city.

*⁷ There they are, bellowing with their mouths with swords in their lips—
for “Who,” they think, “will hear us?”*

⁸ But you, O LORD, laugh at them; you hold all the nations in derision.

⁹ O my Strength, I will watch for you, for you, O God, are my fortress.

¹⁰ My God in his steadfast love will meet me; God will let me look in triumph on my enemies.

¹¹ Kill them not, lest my people forget; make them totter by your power and bring them down, O Lord, our shield!

¹² For the sin of their mouths, the words of their lips, let them be trapped in their pride. For the cursing and lies that they utter,

*¹³ consume them in wrath; consume them till they are no more,
that they may know that God rules over Jacob to the ends of the earth. Selah*

¹⁴ Each evening they come back, howling like dogs and prowling about the city.

¹⁵ They wander about for food and growl if they do not get their fill.

¹⁶ But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress.

*¹⁷ O my Strength, I will sing praises to you, for you, O God, are my fortress,
the God who shows me steadfast love.*

Next Week: Psalm 60

August 18, 2019

TALK SHEET

1. What are some ways that David contrasts God with his enemies?
2. Read 1 Samuel 19. Does this context affect your understanding of Psalm 59?
3. How can David be sure of God's faithfulness in these circumstances?
4. Why do you think that David asks for his enemies to not be killed in verse 11, but then utterly consumed in verse 13?
5. How have you seen God be a refuge for you during a "day of distress"?
6. David says that he will sing his praises to God. How do you like to express your appreciation for God's steadfast love?
7. Spend some time praising God for His steadfast love and praying for those who you know to be in distress.