

## Psalm 55 (ESV)

To the choirmaster: with stringed instruments. A Maskil of David. Give ear to my prayer, O God, and hide not yourself from my plea for mercy! <sup>2</sup> Attend to me, and answer me; I am restless in my complaint and I moan, <sup>3</sup> because of the noise of the enemy, because of the oppression of the wicked. For they drop trouble upon me, and in anger they bear a grudge against me. <sup>4</sup> My heart is in anguish within me; the terrors of death have fallen upon me. <sup>5</sup> Fear and trembling come upon me, and horror overwhelms me. <sup>6</sup> And I say, "Oh, that I had wings like a dove! I would fly away and be at rest; <sup>7</sup> yes, I would wander far away; I would lodge in the wilderness; Selah

<sup>8</sup> I would hurry to find a shelter from the raging wind and tempest." <sup>9</sup> Destroy, O Lord, divide their tongues; for I see violence and strife in the city. <sup>10</sup> Day and night they go around it on its walls, and iniquity and trouble are within it; <sup>11</sup> ruin is in its midst; oppression and fraud do not depart from its marketplace. <sup>12</sup> For it is not an enemy who taunts me-- then I could bear it; it is not an adversary who deals insolently with me-- then I could hide from him. <sup>13</sup> But it is you, a man, my equal, my companion, my familiar friend. <sup>14</sup> We used to take sweet counsel together; within God's house we walked in the throng. <sup>15</sup> Let death steal over them; let them go down to Sheol alive; for evil is in their dwelling place and in their heart. <sup>16</sup> But I call to God, and the LORD will save me. <sup>17</sup> Evening and morning and at noon I utter my complaint and moan, and he hears my voice. <sup>18</sup> He redeems my soul in safety from the battle that I wage, for many are arrayed against me. <sup>19</sup> God will give ear and humble them, he who is enthroned from of old, Selah because they do not change and do not fear God. <sup>20</sup> My companion stretched out his hand against his friends; he violated his covenant. <sup>21</sup> His speech was smooth as butter, yet war was in his heart; his words were softer than oil, yet they were drawn swords.

 $^{22}$  Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.  $^{23}$  But you, O God, will cast them down into the pit of destruction; men of blood and treachery shall not live out half their days. But I will trust in you.

Next Week: Psalm 56

## **TALK SHEET**

1.	How would you say David's prayer in verses 1-2 is like your
	prayers ? How is it different?

- 2. Do you think you need to beg God to hear, to not hide himself, and to pay attention to your prayers? (1-2) Why or why not?
- 3. If you could summarize this psalm in one sentence, what would it be?
- 4. David has three problems: Persecution and danger (4), Bad people in the city (10-12), and the unfaithfulness of a close friend (12-14). Which do you identify with the most? Why?
- 5. Put verse 22 in your own words.
- 6. In prayer now, cast our burdens on the Lord. Pray for and bear one another's burdens, too.